



# Winter Camp Checklist

## Boy Scout Troop 18 Personal Camping Gear Checklist

### **Scout Equipment**

- Scout Shirt
- Matches – in a water proof container (old pill containers with labels removed work good)
- Knife ( and Totin Chit)
- Boy Scout Handbook (in a plastic, Ziplock bag)
- Water bottle or Canteen (preferably a Nalgene brand bottle)
- Flashlight with extra batteries
- First Aid kit – see Handbook for contents

### **Bedding**

- Sleeping bag - warm at least a 20 degree bag
- Old blanket - to put under sleeping bag as an insulating pad (optional)
- Old blanket - to put over sleeping bag for extra insulation (optional)
- Pillow (optional)
- Ground pad
- Waterproof stuff bag for sleeping bag (garbage bag works fine)

### **Clothing**

The key to cold weather camping is to stay warm and dry. Bring both light and heavy weight clothing in order to "layer" if the weather is cold. For underwear and socks, bring at least one change per day. If at all possible non cotton clothing.

- Underwear - one pair per day, plus one extra for weekend
- Socks - a pair of light weight socks under you heavy socks will pull the moisture away and keep your feet warmer
- Socks - heavy (wool or synthetic is best - they will be warmer, even if wet)
- T-shirts
- Long, thermal underwear - at least one pair
- Hooded sweat shirt and sweat pants – (make the best pajamas in cold weather)
- Long pants
- Long sleeve shirt
- Must have a dry change of clothes for bedtime!
- Warm sweater
- Warm coat or jacket - suitable for camping environment
- Stocking cap or extra warm hat
- Gloves or mittens 2 or more pairs
- Winter boots – must have a waterproof boot
- Extra Pair of footwear Sneakers are ok as a backup only
- Rain gear

## **Other Items**

- Back pack, duffel bag for personal gear
- Lip balm (Chapstick)
- Toothbrush
- Toothpaste
- Soap
- Deodorant
- Wash cloth
- Towel
- Comb and/or hairbrush
- Hot Mug, plate or bowl, Utensils with your name on it, for campsite use (The troop will not provide cups or personal utensils)
- Snacks! In order to stay warm your body will burn calories, so when winter camping bring extra food, even if patrol cooking. A good suggestion is the mini candy bars- if you have to get up in the night to pee, have a small amount of sugar to rev-up your body before you go back to sleep.

## **Optional Gear**

- Compass
- Hot hands or other hand warmers
- Flamethrower!

## **Special Instructions to Mom or Dad!**

Boys are not always too neat when they unpack in their tents or cabin (sigh).

In the winter this can be a serious problem because of the snow and clothes can become wet on the floor of a cabin or tent. You can assure dry clothes each day if your son packs his gear and clothes in large ziplock bags. If your son can stay dry, he will stay warm and enjoy the Winter camping a whole lot better.